Local Wellness Policy Triennial Assessment

Sponsors participating in the National School Lunch Program and/or School Breakfast Program are required to have a local wellness policy for all participating sites under its jurisdiction. At a minimum, the local wellness policy must be assessed once every three years; this is referred to as the triennial assessment. Triennial assessments must determine, for each participating site under its jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies. **This documentation should be kept on file with your organization's written local wellness policy for review by an ISBE monitor during your next school nutrition administrative review.**

Sponsor Name: North Pekin-Marquette Heights Dist. 102

Site Name: Marquette School & Georgetowne Middle School

Date Completed: June 30, 2026

Completed by: Patty Crank

Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) and state guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see ISBE's Local Wellness Policy Content Checklist.

☐Goals for Nutrition Education	☒Nutrition Standards for School Meals	☒Wellness Leadership
☒Goals for Nutrition Promotion	☒Nutrition Standards for Competitive Foods	☒Public Involvement
☒Goals for Physical Activity	☐Standards for All Foods/Beverages Provided, but Not Sold	☒Triennial Assessments
☐Goals for Other School-Based Wellness Activities	☒Food & Beverage Marketing	☐Reporting
☐Unused Food Sharing Plan		

Part II: Goal Assessment

Per USDA regulations, the triennial assessment must determine compliance with and progress made in attaining the goals of the wellness policy. Input the goals of your local wellness policy into the table below for the corresponding areas: Nutrition Education, Nutrition Promotion, Physical Activity, and Other School-Based Wellness Activities. Indicate if the site is meeting, partially meeting, or not meeting each goal listed. Include any next steps in attaining the goal(s), if applicable. Table rows may be added for additional goals.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Education				
District will teach, model, encourage and support healthy eating.	**X**			
	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Promotion				
Promote fruits, vegetables, whole grain products, low-fat dairy products and healthy food preparation methods	**X**			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Physical Activity				
Physical Activity during the school day (including but not limited to classroom physical activity breaks or physical education)	**X**			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Other School-Based Wellness Activities				

Part III: Model Policy Comparison

As part of the triennial assessment, USDA requires sponsors to assess how their wellness policy compares to model wellness policies. Choose **one** of the model wellness policies below to compare against your local wellness policy. Indicate which model policy was chosen and provide a narrative for each prompt below based on the findings.

☒ Alliance for a Healthier Generation's Model Wellness Policy – Local wellness policy created in collaboration with USDA, which exceeds minimum requirements

☐ Rudd Center's WellSAT 3.0 – Wellness assessment tool that asks a series of questions about your local wellness policy and generates a personalized scorecard based on the results. Users will need to create an account to access this tool.

☐ Other: _____

1. What strengths does your current local wellness policy possess?

   The standard policies clearly designate specific district and school officials

   The policy includes specific nutrition promotion, physical activity, and wellness

   Policy mandates triennial (every three years) assessments

   Encourages teachers incorporate short physical activity breaks (brain breaks) into regular academic classes.

2. What improvements could be made to your local wellness policy?

3. List any next steps that can be taken to make the changes discussed above.