

# Good Morning Georgetowne Today Friday, October 7, 2022

*Please stand for the Pledge of Allegiance.*

I pledge allegiance to the flag of the United States of America and to the Republic for which it stands,  
one nation, under God, indivisible, with liberty and justice for all.

**WE WILL NOW PAUSE FOR A MOMENT OF SILENCE**

**The Cool Tool for this week:  
What is bullying**

**"Don't give in to bullying or others making fun of people. Stand up for yourself. Stand up for your friends. Be that one person who is genuinely good-hearted." --Michelle McCool**

**1st Quarter Skill Focus:  
Prepared for class- Students need to have all materials for class 80% of the time.**

## Here are today's announcements

- Cooler weather is here and we will continue to wait outside in the mornings. Please dress appropriately. Remember that you need to wait outside in the morning unless you are eating breakfast from 7:15-7:35, or going into band at 7:30.
- Both 7th and 8th grade girls basketball teams played a tough game against Parkview last night. After a back and forth battle, both 7th and 8th grade teams came out victorious! Congrats, ladies, and keep up the great work!
- Cross country team heads to Bloomington for Sectionals today. Athletes will need to meet in the library at 12:30 ready to load up on the bus. Good luck, Tigers!
- October is also bullying prevention month. Today's theme Orange and black out bullying. Show your GMS pride by wearing orange and black. Tigers are kind! Tuesday's theme is "Giddy up and stand up to bullies"--Wear your finest Wild West gear/flannels.
- Youth who self-blame and conclude they deserved to be bullied are more likely to face negative outcomes, such as depression, prolonged victimization, and maladjustment.
- Tweens (children aged 9-12) reported using a variety of strategies to stop the bullying including blocking the person bullying them, telling a parent, ignoring the person, reporting it to the website or app, and taking a break from the device.
- Be a buddy, not a bully. Everyone has a right to feel safe and happy at Georgetowne
- Remember, there is no school on Monday

### Today's Lunch Menu:

**Turkey, Bacon and Cheese  
On Croissant, Baked Chips  
Fruit & Milk**

### Tuesday's Breakfast Menu:

**Bacon, Egg , Cheese on Croissant  
Juice & Milk**

**Remember Tiger's, make it a grrrrrrrrreat day!!**