

# October 2025

## Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

### Did you know?

The main reason for the color change of the leaves is not autumn's chilly weather, but lack of light. The green color of leaves disappears when photosynthesis (from sunlight) slows down, and the chlorophyll breaks down. Trees with a lot of direct sunlight will produce red leaves, while other trees may turn yellow, orange, or brown.

6  
Milk  
Cereal  
Cheese Stick  
Fruit  
Juice

7  
Milk  
Stuffed  
Hash Brown  
Fruit  
Juice

8  
Milk  
Biscuit & Gravy  
Fruit  
Juice

9  
Milk  
Apple Frudel  
Fruit  
Juice

10  
Milk  
French Toast  
Fruit  
Juice

13  
No  
School

14  
Milk  
Dutch Waffle  
Fruit  
Juice

15  
Milk  
Biscuit & Gravy  
Fruit  
Juice

16  
Milk  
Bacon & Egg  
Breakfast Pizza  
Fruit  
Juice

17  
Milk  
Pancake on a Stick  
Fruit  
Juice

20  
Milk  
Glazed Donut  
Holes  
Fruit  
Juice

21  
Milk  
Sausage Biscuit  
Fruit  
Juice

22  
Milk  
Biscuit & Gravy  
Fruit  
Juice

23  
Milk  
Caramel  
Cinnamon Roll  
Fruit  
Juice

24  
Milk  
Fruit Loop Waffle  
Fruit  
Juice

27  
Milk  
Cereal  
Cheese Stick  
Fruit  
Juice

28  
Milk  
Egg & Cheese  
Muffin  
Fruit  
Juice

29  
Milk  
Biscuit & Gravy  
Fruit  
Juice

30  
Milk  
Pumpkin Super  
Slice  
Fruit  
Juice

31  
No  
School  
Parent  
Conferences

### Notable Days

1<sup>st</sup>: World Vegetarian Day

3<sup>rd</sup>: World Smile Day

13<sup>th</sup>: No School

30<sup>th</sup>: Early Dismissal;  
Parent Conferences

31<sup>st</sup>: No School;  
Parent Conferences;  
Happy Halloween!!

### Cafe Info

Chocolate and White Milk  
Served Daily

Fresh fruit served for  
breakfast every day

Menu Subject to Change

Check out our new  
Allergen/Carb list on the  
website under menus!

This institution is an equal  
opportunity provider